

# DISCHARGE AND RECOVERY CRITERIA

FOR COVID-19 PATIENTS



&  
ASSOCIATES  
ATTORNEYS AT LAW



# WHEN TO CONSIDER A PATIENT AS “RECOVERED” FROM COVID-19?

According to the World Health Organization (**WHO**) and Center for Disease Control (**CDC**) a patient can be considered as “recovered” and can be discharged from isolation without requiring for re-testing, provided that:



- Successfully isolated for ten (10) days from the onset of symptoms



- NO fever for at least three (3) days



- NO symptoms or there has been improvement in patient's condition

## WHEN TO CONSIDER A PATIENT AS “RECOVERED” FROM COVID-19?

The isolation period in the Philippines was extended to **fourteen (14) days** after symptoms onset before we consider a person as a “**recovered**” patient



# RECOVERED SYMPTOMATIC PATIENTS



- Clinically recovered based on doctor's evaluation



- Asymptomatic for at least three (3) days



- Completed the fourteen (14) days self-isolation

# RECOVERED ASYMPTOMATIC PATIENTS



- ❑ Clinically recovered based on doctor's evaluation



- ❑ Remained asymptomatic for fourteen (14) days



- ❑ Completed the fourteen (14) days self-quarantine

## REASONS WHY WE DO NOT NEED TO RE-TEST A PATIENT BEFORE WE CONSIDER AS “RECOVERED” PATIENT

- ❑ The RT-PCR can detect the SARS-CoV-2 virus, But it may also detect viral fragments (**dead virus**) yielding to a **POSITIVE result**

## REASONS WHY WE DO NOT NEED TO RE-TEST A PATIENT BEFORE WE CONSIDER AS “RECOVERED” PATIENT



- Based on the study of **WHO, CDC, and Singapore Ministry of Health**, the virus is **contagious** *before and upon symptoms onset*



- The chance of transmission decreases on the **seventh (7<sup>th</sup>) day** of the virus inside the body



- On **the tenth (10<sup>th</sup>) day** after the onset of symptoms, it can **no longer** be cultured as a live virus and can **no longer** transmit nor infect other people

## REASONS WHY WE DO NOT NEED TO RE-TEST A PATIENT BEFORE WE CONSIDER AS “RECOVERED” PATIENT



- Therefore, there is **NO need** to **repeat** the **testing** for the suspect, probable, and confirmed COVID-19 cases because they could still get a positive result but, can ***no longer transmit and/or infect other people***

